



APPLE DONUTS

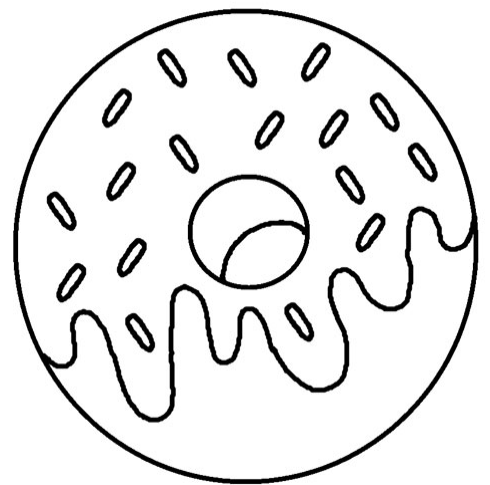
ORGANIZE INGREDIENTS AND UTENSILS

INGREDIENTS:

- 2 Apples (Gala)
- 150 g. cream cheese
- 1 ½ tablespoons Nutella
- ½ teaspoon vanilla extract
- 1 tablespoon strawberry jam
- 1 teaspoon honey
- Food coloring (optional)
- Sprinkles

UTENSILS:

- Chopping board
- Knife to cut the apples (with the help of an adult)
- Table knife, to spread the cream cheese
- An apple corer or decorating tip to remove the center of the apples
- 3 small bowl to mix the cream cheese
- measuring spoons
- spatulas to mix the cream cheese and the flavorings



TO SEE STEP BY STEP PICTURES, VISIT THEFOODIESKITCHEN.COM

INSTRUCTIONS:

1. Cut the apples horizontally into slices. You will get about 4 per apple.
2. **To make the Nutella Spread:** Mix 50 grams of cream cheese with 1 ½ tablespoons of Nutella.
3. **To make Strawberry Spread:** Mix 50 grams of cream cheese with 1 tablespoon of strawberry jam. Add a few drops of red food coloring (optional).
4. **To make Vanilla Spread:** Mix 50 grams of cream cheese with 1 teaspoon honey and ½ teaspoon vanilla extract. Add a few drops of food coloring (optional).
5. Use an apple corer, or a decorating tip to cut out the center of each apple slice.
6. Use the cream cheese spreads to cover the slices, and decorate using sprinkles. Enjoy!

Cartoon:

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